# Your guide to COOLANGATTA



AUSTRALIA'S GOLDCOAST.

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This year, we've got events taking place throughout the weekend so there's plenty of opportunity to check out everything the Southern end of the Gold Coast has to offer while you're in town.

We are beyond excited to return to beautiful Coolangatta for the 27th

edition of the fisiocrem GC50 Run Festival.

When you arrive in Coolangatta you can look back towards the Gold Coast coastline and be proud of yourself for committing to the challenge of the fisiocrem GC50 Run Festival. Our team wishes you the best of luck!

We know that many of you are heading to Coolangatta to enjoy a getaway with family, friends and club mates this December and we look forward to seeing you around town throughout event week.

We are committed to supporting local business and encourage participants to visit the area ahead of the event weekend, test out the run course and perhaps some of the many food and beverage establishments that we can support!

If your local business would like to feature within our guide, please contact us at info@goldcoast50.com. Hot tip: Book restaurants ahead for event weekend.





## Dining out - Coolangatta

As any runner (and family member of a runner) knows, food is fuel! This is never more true than in the week leading up to the big race. So to help you out, we here at the fisiocrem GC50 have compiled a list of some of our favourites.

We've broken this down for you by Breakfast and Dinner, starting here with some dinner suggestions. Scroll through the guide to check out our suggestions for brekkie!



#### FRANC JR'S PIZZERIA

Pizza fanatics, this is the place for you! Opening in September, following the success of sister restaurant Francie's Pizzeria, Franc Jr's will serve up their take on Detroit style pan pizza's. Gather the run club and be transported back in time as you sit around the red leather studded booths - accepting walk in's only.

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#### **COOLANGATTA SURF CLUB**

When searching for the perfect place to dine in Coolangatta, why not select the locals choice for a family-friendly restaurant. Watch the whales or dolphins from the balcony and listen to the waves wash over the beach. The menu specialises in a range of steaks, seafood, salads, and children are catered for with their own menu. All profits from the Club going towards training and equipment for life savers who patrol our beaches.

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#### **COOLANGATTA HOTEL**

Whether you're dining within the Bistro Restaurant or sipping on a refreshing beverage in the sundrenched beer garden, Cooly Hotel has something to satisfy all tastebuds. Discover local brews and delicious pub classics while you take in the beautiful sights of Coolangatta Beach and Marine Parade.

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#### **BASKK**

Enjoying stunning ocean views and a dreamy fit-out, dining destination and bar Baskk has all of the ingredients for memorable beachside long lunch, an intimate dinner for two or a fun-filled feast with the brood. The menu covers land and sea with tasty bar snacks, handmade pizzas, and share plates of barbecued meats and seafood.

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#### **EDDIE'S GRUB HOUSE**

Eddie's is a longstanding fixture in Coolangatta's casual-dining and bar scene, delighting burger lovers with a mouth-watering menu of towering delights and hand-held bar snacks that will leave you licking your fingers.

This might be more of a post-race treat?

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#### **RADICI PASTA HOUSE**

If it's pasta you're craving, get yourself acquainted with this local Italian gem. The casual dining spot, tucked in along Griffith Street, is well known for its delicious handmade pastas – from spaghetti to tagliatelle and tagliolini. Be sure to kick off with the pizza bites and finish with Sicilianstyle cannoli.

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#### SIBLINGS KIRRA

Beach-side dining at it's best, with uninterrupted ocean views of Kirra Beach, Siblings Kirra hits the sweet spot between refined and casual. The extensive menu pays homage to the abundance of fresh seafood on the Gold Coast, with premium local ingredients and modern Mediterranean flavours taking centre stage.

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#### **XENIA GRILL**

The greek menu is designed to share, with everything from smaller meze plates to belly-busting Greek banquettes brimming with succulent meats and fresh seafood. There's also favourites like moussaka, spanakopita, saganaki, housemade dips and a menu of street-style souvlaki filled with chicken, lamb or pork with crackle.

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#### 4 PINES X BOARDRIDERS

4Pines X Boardriders Coolangatta is a short 100m stroll from those white sandy shores, nestled on the beach front of the busy Strand precinct, offering tasty pub fare like spiced chicken wings smothered in kick-ass sauce, to fish tacos, grazing boards and vibrant salads. As you'd expect, there's a wide range of tap beers on offer, alongside a fun series of cocktails and shades of wine.

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#### **TUPE ALOHA**

For tasty tacos, tiki vibes and live music, you can't look past Tupe Aloha. Described as 'when Hawaii meets Mexico and has a holiday in Kirra', this personality-packed eatery and bar is were you'll find delicious bar bites and tropical-inspired shareables, ice-cold tap beers and a fun collection of cocktails.

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#### **BREAD N BUTTER**

Do you love nothing more than a warming bowl of gnocchi or a piping-hot pizza? If it's a 'yes' from you, then grab a table at Italian kitchen Bread N Butter and satisfy those cravings. There's cocktails, a fun vibe and live music on most nights – all enjoyed just metres from the pristine ocean in Kirra.

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#### **BONDI GRILL'E**

These lads hail from Brazil, so they know their way around a BBQ—think: finger-licking racks of ribs (we're talking pork, beef and lamb), steaks, local market fish, and ridic burgers. If you're eager to check out one of the best restaurants in Coolangatta but don't care to change out of your running gear, these guys will welcome you with open arms.

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#### ST HELENS

Introducing another side of the American cuisine to the Aussie dining scene, St Helens serves up burgers, sliders, wings and ribs with an emphasis on sourcing local ingredients. Service is prompt and professional. St Helens is a place where you can drop in for a drink or snack at the bar, or just sit out the front gazing at one of the best ocean views on the coast....

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#### EARTH N SEA

The famously healthy pizzas at Earth n Sea have been made with a unique blend of wholemeal flour since 1976. Not only do they make great tasting pizza but they are also open for breakfast and lunch as well. Offering take-away pizza for those looking for casual in-room dining the night before the event.

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#### **HiPoke**

HiPoke brings an authentic blend of tropical culture and fresh food built for active lifestyles. Our unique menu is a wholesome, fast-food alternative on a mission to do well for your body and the community. HiPoke offers an all-day menu of nutrient rich juices, smoothies and poke bowls designed to fuel people on the go. Choose from one of our signatures bowls or create your own, our menu is designed to fill the belly and nourish the soul. Come and see us instore 7 days a week, we'd love to see you!

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#### Pizzeria

Looking for the best pizza in Cooly? Quality, sustainable ingredients are at the heart of our menu. We create simple, honest food with fresh ingredients & bold flavours! Our family friendly restaurant is known for our pizzas, pastas, oven roasted wings and local craft beers. We have a dedicated vegan menu and also provide gluten free, dairy free and vegetarian options. Enjoy your meal in our casual alfresco dine-in area just metres from the beach or we can deliver directly to you.

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### Let's talk Breakfast

Okay, so you've touched down in Coolangatta on Friday evening and sampled one of the many restaurants available.

After a morning stroll or light run to stretch the legs it's time for breakfast. In no particular order (these are all great) - here goes!



#### LITTLE MALI

Little Mali Espresso and Deli is a boutique new space in the heart of Rainbow Bay serving takeaway espresso coffee, healthy, home made food, fresh juices, and smoothies as well as a gourmet selection of premium cheeses and deli products.

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#### THREE SONS COFFEE CARTEL

Great coffee, delicious food with view across to Coolangatta beach. Choose from a range of menu items for breakfast and lunch favourites, or grab and go straight from the counter. These guys know coffee and they will make it just how you like it with a range of nine milks available. Tasty eats range from muffins and slices through to fresh salads, toasties and the best bacon and egg burgers around.





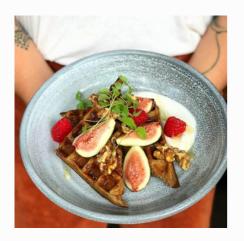
#### **GRIFFITH STREET LARDER**

The ideal brunch spot, try their 'bread or bowl' options or their famous Eggs Benny on a Hash Brown. Along with an epic eggs benedict here, Larder offers an array of homemade cakes, muffins, and mind-blowing brownies.

Our pick for consistently great coffee!

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#### ROCKLEIGH CAFE

Rockleigh Cafe use the finest, local ingredients, with the menu changing monthly to ensure only the seasonal local ingredients are available for customers. Grab a table outside under the shady tree and enjoy everything about this quaint farmhouse venue based on Griffith Street.

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#### **OTTIMO GELATO**

Come and enjoy anything from made on premises gelati to freshly baked cakes, from Italian biscuits to danishes & croissants. Pair it perfectly with one of our superior coffees and teas.

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#### HAIG ST CAFE KIRRA

Wholesome food and good coffee in the heart of Kirra. Overlooking the world-famous Kirra beach this cafe offers a relaxed dining experience for Breakfast and Lunch.

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#### **KIRRAMISU**

The menu caters for the whole family, serving sumptuous breakfast and lunches and a specially designed children's menu that satisfies even the fussiest of kids. Also featuring a delicious selection of home-made boutique cakes, freshly squeezed juices, real fruit smoothies and old school milkshakes.

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#### **BELLAKAI**

Bellakai - where gorgeous ocean views are matched with great coffee, good vibes and modern Australian food that hits the spot. Located on Marine Parade, just a stones throw away from the GC50 finish line Bellakai serves up breakfast with a view.

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COOLANGATTA, QLD

ESTABLISHED IN NINETY SEUEN

